

THE INTERNATIONAL CLASSIFICATION OF SLEEP DISORDERS

DYSSOMNIAS

Intrinsic

Central sleep apnea syndrome	780.51-0
Obstructive sleep apnea syndrome	780.53-0
Psychophysiologic insomnia	307.42-0
Sleep state misperception	307.49-1
Central hypoventilation syndrome	780.51-1
Periodic leg movement disorder	780.52-4
Restless legs syndrome	780.52-5
Idiopathic insomnia	780.54-7
Narcolepsy	347
Recurrent hypersomnia	780.54-2
Idiopathic hypersomnia	780.52-7
Posttraumatic hypersomnia	780.54-8

Extrinsic

Altitude insomnia	289.0
Nocturnal eating syndrome	780.52-8
Insufficient sleep syndrome	307.49-4
Food allergy insomnia	780.52-2
Hyponotic-dependent sleep disorder	780.52-0
Inadequate sleep hygiene	307.41-1
Toxin-induced sleep disorder	780.54-6
Stimulant-dependent sleep disorder	780.52-1
Sleep onset Association disorder	307.42-5
Adjustment sleep disorder	307.41-0
Limit-setting sleep disorder	307.42-4
Environmental sleep disorder	780.52-6

Circadian

Irregular sleep-wake pattern	307.45-3
Time zone change syndrome	307.45-0
Shift work sleep disorder	307.45-1
Delayed Sleep-Phase Syndrome	780.55-0
Advanced Sleep-Phase Syndrome	780.55-1
Non-24 hour sleep-wake disorder	780.55-2